

# DIVISION OF GRADUATE COUNSELING



# ANNUAL REPORT 2012-2013

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## A Note from the Interim Division Chair

As the interim division chair, it has been my honor to work with some of the most dedicated people I know. While Dr. Mark Gerig, Division Chair, is on sabbatical, the division has continued to seek the kind of excellence Dr. Gerig espouses for the division, the results of which were evident in the outcome of the CACREP self-study, site visit and accreditation. In 2103, the Indiana Wesleyan Graduate Counseling Division was awarded CACREP accreditation for eight years with no deficiencies. The faculty are grateful for Dr. Gerig's leadership and guidance through that process and very proud of our accomplishments.

It would be easy at this to sit back point and coast until the next accreditation period rolls around. Life would be a lot simpler. But even in Dr. Gerig's absence, the division has continued to push for excellence. Why is this so? At the heart of the matter, I believe it has to do with the faculty – a group of diverse individuals who come together with one primary purpose – to serve God. It is not about our earthly leaders but our Heavenly leader that directs our paths towards excellence.

I recently read an article “Making the Case for Academic Excellence in Christian Colleges” by Laurie A. Schreiner Azusa Pacific University comparing private universities and CCCU universities (Council for Christian Colleges & Universities). Although the research was on undergraduate education, there are some factors which seem to inherently apply to graduate education as well.

One of the factors compared in the article was student satisfaction. Interestingly, students in CCCU schools were significantly more satisfied on a number of items, than those from private secular schools and about the same on other items. Students in CCCU schools are more satisfied with the student faculty interaction, emotional support from faculty and the intellectual challenge and stimulation provided, than students in private universities. We found similar results in our own student satisfaction survey results (see program evaluation later in this report). Could these differences come from a place not evident in secular education? Could these differences be explained by the reliance on God?

Schreiner ends the article with a statement that I believe is important for consideration as we consider excellence in education – a statement and a challenge I believe our graduate faculty embrace as we strive to be world changers: “But if we really want to make an impact on the world—for the sake of Christ and his kingdom—we simply must be excellent at what we do, which is educating the whole student: body, soul, heart and ***mind.***”

The remainder of this report is a celebration, not an end, of our achievements and the call to do even more for the Kingdom.

— *Barbara Riggs, Ph.D., MFT*  
*Interim Division Chair*

# Student Development Administration

## 2012-2013

The Student Development Administration program continues to grow and is welcoming an outstanding new group of students, including our first international student who is currently working in Spain.



Dr. Rob Thompson was again a facilitator/mentor at the Association for Christians in Student Development (ACSD) National Conference “New Professionals Retreat.” This year’s conference was at Northwest Nazarene University in Napa, Idaho. Dr. Thompson presented a workshop on “*The Mental Health Crisis in Higher Education*” and also served on a Faculty Panel on Homosexuality at the 2012 School of Social and Behavioral Sciences and Business Faculty Retreat as well as at the College of Arts and Sciences Faculty Training Session. Graduates who have either received promotions or successfully landed positions in the field (or related fields) include the following:



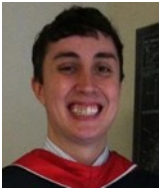
**Ali Walls** ('12) left Malone University where she was a Resident Director and assumed the role of Director of Student Life at Mid-American Christian College in Oklahoma City, OK.

**Geneva Burgess** ( ' ) Developmental Specialist, Student Support Services, Indiana Tech



**Greg Davis** ('12) left Ohio Christian College where he worked as a Resident Director and assumed the role of Resident Director/First Year Advisor at Miami University (OH).

**Sharon East** ( ' ) Faculty Recruiter, Indiana Wesleyan University (Cincinnati, OH)



**Jake Jensen** ('13) took a Residence Life position in Klaipeda, Lithuania for the month of July. He has returned to his role as Resident Director at Concordia College in Minnesota.

**TaShona Jones** ( ' ) Diversity Coordinator, Indiana University (Kokomo)

**Suzanne Kellam** ( ' ) Director of Human Resources, Church of God, Anderson

**Cindy Ruder** ( ' ) Assistant to the Dean of Chapel, Indiana Wesleyan University



**Sarah Westfall** ('12) left Anderson University where she served as a Resident Director and accepted an Area Coordinator position at Middle Tennessee State University in Murfreesboro, TN.



**Rick Zwirn** ('13) accepted a promotion to Assistant Director, Adult Enrollment Services at Indiana Wesleyan University.

— *Dr. Robert Thompson, Director of Student Development Administration*

## Clinical Mental Health Annual Report 2012-2013

The Clinical Mental Health program grew significantly during the 2012-2013 academic year. During this year, 28 new students were admitted, whereas 12 were admitted during the previous year (2011-2012). [Number of student] graduated during this year, whereas [number of students] graduated during the previous year. Our graduates consistently achieve high pass rates on credentialing examinations. The pass rate for graduates taking the NCE examination in 2013 was 100%. The large majority of our CMHC students continue until graduation, and approximately 85% of those program graduates who responded to surveys and are actively seeking jobs are employed.



# SCHOOL COUNSELING ANNUAL REPORT 2012-2013



The School Counseling program is proud to be accredited by both CACREP (Council for Accreditation of Counseling and Related Educational Programs) and NCATE (National Council for Accreditation of Teacher Education). In 2013, the Division of Graduate Counseling was given a full 8-year accreditation resulting from the CACREP Self Study and the School Counseling program was also given full accreditation resulting from NCATE's 2011 review of Indiana Wesleyan University's undergraduate, graduate, traditional, and online programs.

A major change for our School Counseling program has been the move from the traditional on-campus format to a hybrid format of teaching/learning in the Fall 2013 term. The curriculum has remained the same as our face-to-face program, though the delivery uses technology rather than brick and mortar.

There are many changes on the horizon for the Indiana Department of Education including the implementation of a proficiency exam for the licensure of school counselors. Graduate students enrolled after August 31<sup>st</sup>, 2013 will now be required to take the School Counseling Proficiency Exam to become licensed in the state of Indiana. New school counselors will then hold a two-year provisional license while they receive mentorship. Upon successful completion of mentorship, candidates will receive full licensure. Our program remains in complete compliance with IN DOE standards. We have been pleased to frequently receive referrals of potential students for degree completion from the Indiana Department of Education.

It has been our experience that our graduates consistently receive school counseling positions where they are highly appreciated in their place of employment. Please see charts following this brief for detail of past and projected data.

In April, 2013, the Ohio Board of Regent approved the application for the School Counseling Program. This means that students in Ohio can now attain their School Counseling degree through the IWU online School Counseling Program and then sit for licensure through the Ohio Education Department.

*—Dr. Judith Justice, Director of School Counseling*

# SCHOOL COUNSELING PROGRAM STATS

<u>Year</u>	<u># of Grads</u>	<u># of PMC</u>	<u>Completed</u>	<u>Completion Rate</u>	<u>Exam Pass Rate</u>	<u>Jobs</u>
<b>2012/13</b>	1	1	1	100%	N/A	100%
<b>Projected:</b>						
2013/14	4	6	N/A	N/A	N/A	+84%
2014/15	19	3	N/A	N/A	N/A	+24%

<u>Statistic</u>	<u>2012-2013</u>
Number of Students Enrolled	11
Number of Graduates/PMC Completers	2
Completion Rate	100%
IWU Examination Pass Rate	100%
Job Placement Rage	100%



Tyler Wyss confers with Dr. Bill Steele about a class assignment.

# Marriage & Family Annual Report

## 2012-13

The Marriage and Family Counseling/Therapy Program is looking at some exciting new developments. The program, under the leadership of Barbara Riggs, Ph.D., LMFT, Program Director, has been given approval to seek COAMFTE Accreditation (Council on Accreditation for Marriage and Family Therapy Education). The self-study will be due May 1, 2014 with a site visit scheduled for the fall of 2014.

COAMFTE accreditation provides the following benefits:

The public and consumers have assurance that the program has undertaken extensive external evaluation and meets standards established by the profession.

Students can be assured that the appropriate skills areas are included in the course of study that are necessary for entry into a chosen field and that the program demonstrates financial stability. An accredited degree assures a prospective employer that the student has undertaken a superior course of professional preparation. An accredited degree also allows students to apply for Clinical Fellow Membership in AAMFT through the accelerated Accredited Program Track in the absence of state licensure.

The MFC/T program benefits from the stimulus for self-evaluation and a cost-effective review mechanism which strengthens the reputation and credibility of a program because of the public regard for accreditation. Accredited programs become eligible for funding under several Federal grant programs.

The MFT profession benefits because specialized accreditation contributes to the unity of the professional. It brings together practitioners, teachers, and students in the vital activity of setting standards for the education of entry level professionals, and of continually improving professional preparation, education, research, scholarship and clinical practice.

*Adapted from the COAMFTE Website*

### **MFC/T Statistics**

In the 2012-2013 academic year, ten students were admitted to the MFC/T program and ten graduated from the program.

*— Dr. Barbara Riggs, Director of Marriage & Family Counseling*

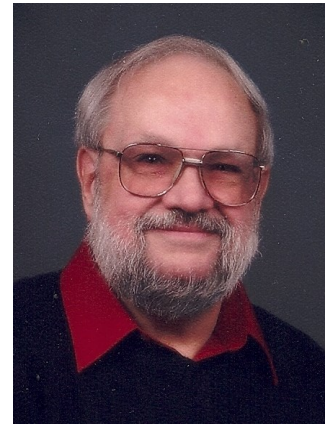


**Sara Otto, Julie Myers, Whitney Souders**



# GRADUATE COUNSELING CLINICS

## 2012-2013



Both IWU Graduate Counseling clinics remain busy each semester with an increasingly broad referral base. We have been seeing more and more student clients from the university's adult non-residential programs through referrals from the off-site chaplains. We have also seen an increase in the number of student led support and therapy groups at both clinics. Currently, we have a Couples Support Group and Women's Support Group at both the Marion and Indianapolis facilities.

Recently, we have formed a partnership with the Trichotillomania Learning Center based in Santa Cruz, CA. At present, we are running two support groups at each clinic, one for those struggling with Trichotillomania and one for the parents of children struggling with this diagnosis.

We also are providing counseling to Celebrate Freedom residents, a faith-based addictions recovery program on the east side of Indianapolis. Along with the above opportunities, we are working on an agreement to offer students from a local community college services as well which is to begin in the fall of 2014.

— *Dr. Budd Teare, Clinic Coordinator*

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# GRADUATE ADDITIONS UPDATE

## 2012-2013

In September 2013, the Addictions Counseling program received full accreditation for three years by the National Addiction Studied Accreditation Commission (NASAC).

On October 8th, Graduate Addictions Counseling Director and Professor Don P. Osborn successfully defended his dissertation, and earned his PhD. His dissertation is entitled *The Academic Preparation of Addiction Counselors for Professional Practice in Indiana*. His PhD is in Guidance and Psychological Services, with a specialization in Counselor Education and Clinical Supervision. He will graduate in December from Indiana State University in Terre Haute, Indiana.

Dr. Osborn spoke at the National Addictions Conference in October held in Atlanta Georgia. Professor Osborn gave two conference workshops on *Addictions Counselor Licensure; Rationale for Development and Legislation* and *Advances in Addition Studies in Higher Education*. Professor Osborn also serves as the Immediate Past National President of the National Association of Alcohol and Drug Abuse Counselors (NAADAC).

— *Dr. Don Osborn, Director of Addictions Counseling*



**Rob Thompson, Ph.D.**

Indiana Wesleyan University  
School of Behavioral and Social  
Sciences and Business Faculty  
Retreat: Led panel discussion on  
students population at IWU.

Diversity Coordinator Training,  
Indiana Wesleyan University,  
presented: “Gay and Lesbian  
Identity Development on Chris-  
tian College Campuses”

Anderson University Resident  
Director Training: Presented on  
“Gay and Lesbian Identity Devel-  
opment on Christian College  
Campuses.”

Indiana Wesleyan University —  
Served on panel and helped lead  
discussion on homosexuality for  
the School of Arts and Humaniti-  
es.

Indiana Wesleyan University,  
Guest lecturer for Forensic Sci-  
ence course (two weeks): Topic —  
“Human Osteology and Skeletal  
Identification” (each semester).

**Don Osborn, Ph.D.**

Osborn, gave the following  
presentations:

Sexual Addiction and Cyber-sex  
Clients. Spring Conference of the  
Indiana Counseling Association.  
Terre Haute, Indiana.  
The Discrimination Model of  
Clinical Supervision. Preparing  
for Practice and Application.



**Don Osborn, Ph.D.**

Indiana Wesleyan University  
Clinical Supervisors Seminar.  
Indianapolis, Indiana.  
Training Standards for Accredita-  
tion Evaluators. NAADAC Na-  
tional Conference, Indianapolis,  
Indiana  
Accreditation Update on the Na-  
tional Addiction Studies Accredi-  
tation Commission. NAADAC  
National Conference, Indianapo-  
lis, Indiana  
Opportunities in the Profession  
of Addictions Counseling. Susan  
Li Conference on Addictions. In-  
dianapolis, Indiana  
Counting the Cost of Counseling.  
Iota Sigma Upsilon Chapter of  
Chi Sigma Iota Spring Initiation.  
Indiana Wesleyan University,  
Marion, Indiana  
Kaplan, L. Moreno-Tuohy, C. &  
Osborn, D.P. (2012) Workforce  
Issues for the Addiction Profes-  
sion. Advocacy in Action Confer-  
ence Evaluating the Academic  
Preparation of Addiction Counse-  
lors in Indiana for Professional  
Practice. Indiana University  
School of Medicine, Department  
of Psychiatry. Indianapolis, Indi-  
ana.  
How Did We Get Here? : The  
Current Practice of Addiction  
Counseling. The North Carolina  
School for Addiction Studies,  
Winter School 2012. Greensboro,  
North Carolina



**Judith Justice, Ed.D.**

Indiana Counseling Association  
Conference, “Finding the right  
fit: Preparing HighSchool Stu-  
dents for College”

National Conference on Advanc-  
ing School Mental Health, “The  
College Choice: Finding the Fit,  
Bridging the Gap for All Stu-  
dents”

IWU Lilly Faculty Research  
Scholarship

Dissertation committee member  
for A. McComas’s *The relation-  
ship of a leader’s cultural intelli-  
gence and organizational citi-  
zenship behaviors in a multicul-  
tural work group*

Thesis committee chair for grad-  
uate project, *Motivational Inter-  
viewing for Increasing Middle  
School Student Success*

Dissertation committee member  
for T. Long’s *The Justice Percep-  
tions of Involuntary Job Loss  
Events and Subsequent Effects  
on Coping Behaviors: Implica-  
tions for Organizational Leaders*

Dissertation committee member  
for M. Linville’s *Examining How  
Personality Factors Influence  
the Adaptability of U.S. Nation-  
al Leaders in Expatriate Con-  
texts*



**Barbara Riggs, Ph. D.**

Dr. Barbara Riggs is pictured above receiving her 10-year service award for her tenure at IWU for 2012-13.

Riggs published the following:

Riggs, B. (2013). Divorce in Indiana, *Cultural Sociology of Divorce: An Encyclopedia*. Robert E. Emery, Ed. Thousand Oaks, CA : Sage Reference.

Riggs, B. (2013). Absentee Parents, *Cultural Sociology of Divorce: An Encyclopedia*. Robert E. Emery, Ed. Thousand Oaks, CA : Sage Reference.

Riggs presented the following:

Brooks, S, Edwards, T. Lyness, K., Peterson, C., Riggs, B. et al. (2013). Site Visitor Training, Co-presenter at AAMFT Annual Conference, Portland, OR.

Brooks, S, Edwards, T. Lyness, K., Peterson, C., Riggs, B. et al. (2013). Accreditation Seminar, Co-presenter at AAMFT Annual Conference, Portland, OR.

Coyle, S. Gregory, K. & Riggs, B. (2013). Our Journey into Marriage & Family Therapy co-presenter at IAMFT Conference, Indianapolis, IN.

Riggs, B. (2013). Using EFT with Couples in Conflict, presented at ICA Conference, Terre Haute, IN.



**Nenetzin Reyes, Ph.D.**

Riggs, B. (2012). Supervisor Growth. Presentation at spring Supervisor Luncheon, Indianapolis, IN.

Riggs was elected to a 3-year term on the national COAMFTE Commission.

**Nenetzin Reyes, Ph.D.**

In the 2012-2013 academic year, Reyes attended five conferences. The IAMFT Fall and Spring conferences, the AAMFT national conference in Charlotte, NC, the ACA national conference in Cincinnati, OH and the National Hispanic Christian Leadership Conference (NHCLC). Reyes presented at the NHCLC on the topic of engaging Hispanic families in education. She also was accepted and successfully completed IWU's first Faculty Leadership Institute, and was accepted into the CCCU Multi-Ethnic Faculty Leadership Institute which included a one-week intensive in Sumas, WA..



**Mark Gerig, Ph.D.**

Presented a workshop at the Christian Association for Psychological Studies Annual Conference, Portland, OR with V. Holeman and C. Bland on the topic, "How are they doing: Systematic development assessment of students."

Presented a workshop with student Kate Denlinger at the Indiana Counseling Association Annual Conference, Terre Haute, IN on the topic, "Who are Indiana LMHCs: A report of survey results."

Published a second edition of his clinical mental health textbook, "Foundations for clinical mental health counseling: An introduction to the profession (2nd ed.). Columbus, OH: Pearson Prentice Hall.

Published an article in the Journal of Psychology and Christianity, 31, 303-307, entitled "Getting M.A. in counseling students involved in research."

*Where are they now...*

## Updates on Graduate Counseling Alum

**Ben James ('10)** completed his LMFT licensure and is working for Liberty Behavioral Healthcare Corporation where he conducts group therapy for adult inmates at New Castle Correctional Facility. He and his wife have two sons. He co-presented in April 2013 at the annual INSOMM Conference (Indiana Sex Offender Management and Monitoring) on the subject of "Avoiding Burnout in the Treatment and Supervision of Sex Offenders." Ben and his family reside in Noblesville, IN.

**Rebecca Pavlik-Heger (07)** splits here days between teaching and counseling at Cathedral High School. She also maintains a private practice (Heger Counseling) located at Groff & Associates. Her specialization continues to be adolescents. She has presented at several conferences regarding teens and concussions along with furthering her study of TBI.

**Elyse Thomas (13)** recently accepted a position with Youth Villages of Indiana (Jasper, IN) where she is a Family Intervention Specialist.

**Amy Harshman (06)** was elected to serve on the Indiana Association for Marriage and Family Therapy board in 2010 and continues to serve in that capacity.

**Jessica Ives (04)** is working at Dorchester County Health Department in Cambridge, MD as the Youth Service Bureau Coordinator. She works with middle and high school students in the county that have been referred from the Department of Juvenile Services. Jessica has also been accepted into a PhD program at Walden University in the Human Services Clinical Social Work program.

**Heather Roberson (11)** is working at Anderson University as a counselor in the undergraduate student clinic.

**Lynsey Grant (09)** started a new job at the Hamilton Center in Terre Haute, IN as a therapist.

**Caitlin Johnson (11)** earned her LMFTA in 2012 and is currently working toward her LMFT. She and her husband had their first baby, a girl, in September 2012. She started a new position at Keystone Counseling in October 2012 and recently attended Johnson-Gottman Summit in Seattle, WA.

**Roger Spaulding (08)** continues as the Junior High Guidance Counselor at Oak Hill United School Corp. He has been at Oak Hill for seven years.

**Chelsea Gorsuch (08)** works part-time as a school counselor at Northridge Middle School in Middlebury, IN. She and her husband have two little girls, ages 3 and 1.

**Lauren Alspaugh (08)** is a counselor at North Putnam High School in Roachdale, IN working primarily with juniors and seniors. She and husband Shawn have a daughter, Kathleen.

**Flora Crim (08)** accepted a new position as a Marriage & Family Therapist at LifeSolutions Counseling Associates, Carmel, IN.

**Richard Jones, M Div, LMHC**, is a pastoral counselor specializing in refractory counseling issues in private practice in Broad Ripple (Indianapolis), IN.

**Sarah Heck (12)** presented at the AMHCA conference in Washington, DC with Dr. Richard Hooker on research she completed while in the graduate program on the topic of automatic thoughts and functioning in adolescent relapse.

Leigh Ann Taylor, Marisa Willard, Dawn Dickerson, Dr. Nenezin Reyes are pictured at the right during the 2012 Chi Sigma Iota induction. Chi Sigma Iota is a counseling and professional international honor society. In 2006, the IWU graduate chapter was selected for honor as an outstanding individual program. The local chapter was selected in 2008 for the honor of "unique, outstanding, and substantive work" as a local chapter.



## Farewell to Delila Owens

On July 9, 2013 our Division hosted a farewell reception for our friend and colleague Dr. Delila Owens. Faculty and students came to share their appreciation for Dr. Owens' contribution to our Graduate programs. In her two years, she came to be highly respected for her exceptional quality research and genuine care for students and their professional development. While she will be missed, we are confident of God's plan and the blessing she will be in her new job. Our well-wishes, thoughts and prayers go out to her. Thank you Dr. Owen for your contribution to Indiana Wesleyan University.

— *Dr. Nenezin Reyes*



**Amy Brant and Danielle Garrison**

## Danielle Garrison Remembered

The 2012-2013 class had the difficult task of saying goodbye to a classmate. Jennifer "Danielle" Garrison died at the age of 27 on September 5, 2013, when the motorcycle she and her boyfriend were riding on hit a truck. It is always hard to say goodbye when someone dies, but it is especially hard when that someone is so young.

Danielle was close to several of the students, especially the MFT students she spend so much time with. She will be remembered as industrious, hardworking and caring and for her deep faith in God which sustained her. Her passion was for people who had nothing. Before coming to IWU, Danielle earned her social work degree and worked for the Johnson County branch of Adult and Child Mental Health Center. While a student, Danielle frequently had two to three jobs at any given time, one of which was her own business LUV UR Coconuts natural skin products, which her family continues in her honor.

Danielle will be always be remembered in the hearts and memories of those who knew her for her beautiful smile. We will miss you Danielle.