# Alexis Cross, PT, DPT

## **Objective**

Motivated and enthusiastic physical therapist looking to utilize manual and creative skills to provide exceptional educational experiences. Well-rounded work experience treating adult and pediatric patients with orthopedic and neurological diagnoses. Excellent communication and interpersonal skills with a strong desire to share knowledge and past experiences.

#### **Education**

 05/2017 Doctorate of Physical Therapy, University of Indianapolis, Indianapolis, IN
05/2014 Bachelor of Science Psychology, University of Indianapolis,

Indianapolis IN

#### **Employment**

- 08/2019 Present The Children's TherAplay Foundation, Carmel IN Physical Therapist
  - Assessed pediatric patients of various ages & diagnoses
  - Created personalized treatment sessions utilizing hippotherapy
- 08/2017 Present Fort Ben Neuro Specialty Clinic, Indianapolis IN Physical Therapist
  - Provided evaluation & specialized treatment sessions to patients with primarily neurological diagnoses
  - Aided efforts to establish group therapy program for individuals with brain injury
  - Acquired working knowledge of specialized equipment including, but not limited to: L300 Bioness, LiteGait, and NeuroComm
  - Trained in performing wheelchair mobility evaluations
  - Served as clinical instructor and mentor for students at varying stages of education

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## **Professional Development**

02/2022	Hippotherapy Treatment Principles-Part 1 AHA, Inc
06/2019	<b>42<sup>nd</sup> Annual Interdisciplinary Spinal Cord Injury/Disease Course</b> , Shirley Ryan AbilityLab
03/2019	APTA Clinical Instructor Credentialing Course
03/2019	Certificate in Vestibular Rehabilitation PESI Rehab
09/2018	Building Better Balance Great Lakes Seminars
02/2018	M1 Graston Certification
	Aquatic Interventions and Outcomes in the Pediatric Population Based on the ICF Model

#### **Volunteer History**

- 01/2016 03/2016 Joseph Maley Foundation Adaptive Swim Program, Indianapolis IN
  - One on one swimming lesson with a child
- 11/2014 02/2015 Student Outreach Clinic, Indianapolis IN
  - Provided pro bono physical therapy services