

Briana L. Dykstra, OTD, OTR/L

Email: Briana.dysktra@indwes.edu

EDUCATION

April 2018 | Occupational Therapy Doctorate (OTD)

- Completed 105 credit hours in the occupational therapy program at Indiana Wesleyan University
- **Address:** 4201 S Washington St. Marion IN, 46953
- **Dates of Attendance:** August 2015-April 2018
- Member of IWU Student Occupational Therapy Association

May 2012 | Bachelors of Science in Kinesiology with minor in Psychology

- Attended Calvin College and completed all requirements for BA in Exercise Science
- **Address:** 3201 S Burton St. SE Grand Rapids, MI 49546
- **Dates of Attendance:** August 2008-May 2012
- Student-Athlete and completed 4 years in competitive collegiate swimming

PROFESSIONAL OCCUPATIOANL THERAPY EXPERIENCE

June 2018-Present | IU Health Ball Memorial Pediatric Rehabilitation Services

- Currently working as a pediatric occupational therapist through IU Health providing intervention services in the outpatient clinic setting in Muncie, IN.
- I work in a pediatric outpatient clinic providing hands on skilled interventions for children birth through 12 years old with various cognitive, musculoskeletal, neurological, and developmental disabilities. I help children achieve developmental milestones in the areas of fine motor, visual motor, sensory integration, reflex integration, and self-care skills. I provide parent education on appropriate milestone achievements and resources for continued carry over of interventions at home.
- Directly supervise occupational therapy level 1 and level 2 students in fieldwork placements and serve pre-OT students for observational hours and shadowing. I have provided supervision and education for undergraduate, pre-professional, students completing 14 week internships.
- Practice in a local school setting to facilitate learning for students with qualifying IEPs through evidence-based practices in the least restrictive environment. I collaborate with teachers and educational support staff to set appropriate goals and interventions for individual students to achieve academic success.
- Providing skilled intervention for neonates in the NICU and helping to build a team approach to care in the NICU setting. I provide hands on infant massage to promote self-calming skills and for developmental skill acquisition; I provide specific positioning techniques to prevent physical impairments and sensory integration techniques to encourage healthy development. I participate in daily rounding with nursing staff, neonatologists, respiratory therapists, speech therapists, physical therapists, social workers, lactation consultants, and chaplains to establish a plan of care for each patient.

September 2018-November 2019 | IU Health Ball Memorial Hospital

- Worked as an occupational therapist at Ball Memorial Hospital with adults in the acute rehabilitation department with various musculoskeletal and neurological injuries.

- Provided skilled interventions for rehabilitation with the goal of returning to pre-morbid status and utilizing adaptive techniques and equipment to adjust to new injury or loss of function.
- Provided education to patients and caregivers for safe discharge and return to home and community living.

EDUCATIONAL EXPERIENCE

Ball Memorial Hospital, Muncie, IN, Fall 2017 | *Acute Rehab Inpatient Facility*

- Evaluated clients upon arrival to the acute rehabilitation unit and developed a personalized plan of care based on clients' needs
- Participated in daily inter-professional meetings discussing clients' status, progress, discharge plans, and FIM scores
- Designed and developed client, caregiver, and staff handouts for adaptive equipment
- Documented client's daily progress on EMR systems

Sparrow Hospital, Lansing MI, Summer 2017 | *Pediatric Outpatient*

- Effectively interacted using professional communication with clients, family, colleagues, and other health professionals
- Planned and implemented occupation and play-based interventions for children ages 28days-17 years old
- Gained clinical experience in the NICU and incorporated Neuro Developmental Techniques and Sensory Integration to facilitate development
- Created parents, caregiver, and health care providers educational hand outs

HopeBridge Pediatric Clinic, Kokomo, IN Spring 2017 | *Pediatric Outpatient*

- Demonstrated understanding of rehabilitative and assistive technology used to support participation
- Facilitated development of physical, mental, cognitive, neuromuscular, and sensory functions
- Provided meaningful occupation-based interventions for children based on specific and personalized needs

Grant County Rescue Mission, Open Heart Women's Shelter, Marion, IN Fall 2016 | *Community/Mental Health Practice*

- Designed and developed mental health and well-being resources to improve quality of life for women in the shelter
- Communicated the significance of balancing one's areas of occupations as an aspect of achieving health and wellness for clients
- Taught community reintegration skills for individuals suffering from addictions and homelessness
- Evaluated the occupational performance of women through analysis of their ability to successfully engage in meaningful and chosen occupations

Marion General Hospital, Marion, IN Summer 2016 | *Adult Outpatient*

- Demonstrated therapeutic use of self as an intervention process in individual and group interactions
- Exhibited safe and effective application of therapeutic modalities including: E-stim, ultrasound, and fluidotherapy
- Evaluated the occupational performance in ADLs and participation needs of clients
- Created interventions for clients responsive to holistic needs

RESIDENCY PROJECT

NCA Therapy, Daleville IN Spring 2018 | *Early childhood development/Intervention*

- “The goal of the doctoral residency is to develop occupational therapist with an advanced skillset beyond those of a generalist level. The residency is an integral component of IWU’s OTD curriculum and provides an in-depth experience in one of more of the following areas: clinical practice, research, administration, leadership, program and policy development, advocacy, education, and theory development” (IWU Residency Handbook 2015).
- My residency project focused on program development and clinical practice. Over the course of 16 weeks, I invested myself in learning how to develop a program within the community, gained clinical skills and education in early intervention, studied pediatric and childhood development, and gained a certification in Child Passenger Safety. I developed pediatric developmental play groups for children ages birth through 5 years old.

SKILLS, CERTIFICATIONS, AND VOLUNTEER SERVICE

- Active member of a large church family- New Life Presbyterian Church, Yorktown IN
- Team Lead for church nursery volunteers- New Life Presbyterian Church, Yorktown IN
- Certified in Sequential-Oral-Sensory Feeding Technique for Picky Eaters
- Certified Child Passenger Safety Technician (inactive)
- CPR, AED, First Aid trained and certified