# Melissa Khosla, MS, OTD, OTR/L

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# **Educational Background:**

Doctor of Occupational Therapy, University of Illinois-Chicago, Chicago, IL 2010

Master of Occupational Therapy, University of Illinois-Chicago, Chicago, IL 2009

Master of Science in Child Development, Erikson Institute, Chicago, IL 2004

Bachelor of Science, Indiana Wesleyan University, Marion, IN 2000 Psychology, Social Work

#### **Employment History**

## Teaching:

#### Assistant Professor, Indiana Wesleyan University, Marion, IN

2013-Present

- Assisted with program design and creation, including initial self-study
- Created syllabi, course material and assessments for OTD courses, continuous updating and course revisions
- Serve on school and university-level committees including Faculty handbook revisions, Assessment Council, and school and university level strategic planning committees
- OTD student advising
- Manage student application and admission including management of centralized application system, applicant communication, interviews, and collaboration with enrollment office
- Led student groups through doctoral research group projects
- Created half-day team-building experience for incoming students
- Supervised 2 OTD doctoral project students with the focus of education
  - Currently Teaching
    - o Occupational Therapy History, Theory and Foundations
    - Behavioral Health in Occupational Therapy
    - Enabling Meaningful Occupation
  - Past courses
    - Community Practice Occupational Therapy
    - o Fieldwork Seminar I, II, III

- Human Motion
- o Research Project I, II
- Philosophy of Health & Wellness
- Modalities for Occupational Therapy

### Adjunct instructor, Ivy Tech State College, Gary, IN

2005-2007

- Taught
  - Introduction to Early Childhood Education
  - Child Development
  - o Families in Transition
  - o Early Childhood Education Curriculum
- Supervised practicum students
- 25% appointment

#### Administration:

# Program Director, OTD, Indiana Wesleyan University, Marion, IN

2022-Present

- Program planning and guiding curriculum design
- Curriculum implementation and faculty assignments
- Personnel management including annual evaluations
- Program evaluation planning and guiding faculty team through assessment
- Budgeting
- Faculty and staff hiring and firing
- Accreditation maintenance

# Academic Fieldwork Coordinator, Indiana Wesleyan University, Marion, IN 2013-2016

- Assisted OTD Program Director with creation of self-study documents and completion of accreditation application concerning all fieldwork standards
- Initiated relationships with clinical and community organizations, established contractual agreements for student placements
- Created student and fieldwork educator manuals and supporting curricula
- Prepared and taught fieldwork seminar courses for entry-level OTD program
- Planned and implemented networking and continuing education events for fieldwork educators
- Completed student matching for fieldwork placements
- Supported students during fieldwork placement
- Continued support and communication with fieldwork educators through midterm and final student assessment

### **Committee Work at Indiana Wesleyan University**

University Academic Affairs Council	2023-present
School of Nursing and Health Sciences Curriculum Committee	2023-present
School of Health Sciences Academic Affairs Council	2022- 2023
University Assessment Council	2019-2021
Faculty Handbook Committee	2018-2020
University Faculty Senate	2017-2019
School of Health Sciences Faculty Chair	2017-2019
School of Health Sciences Faculty Vice-Chair	2015-2017
University Instructional Technology Committee	2013-2016
Multicultural Enrichment Council	2014-2016
IWU Strategic Planning Committee	2015

#### **Clinical Practice:**

### Program Consultant, The Brain Kitchen, Marion, IN

2015-2017

- Collaborated with founder of a developing after-school program to lay the foundation for brain-building movement activities, sensory-friendly environmental design, and offered suggestions for the incorporation of multisensory environmental components for use by all children
- Supervised student groups as they developed and led movement activities and created a curriculum for emotional regulation

#### Occupational Therapist, Kids First, Fort Wayne, IN

2015-2016

- Maintained caseload of 5-6 children aged 0-3 for early intervention occupational therapy services as "clinic day" as encouraged for faculty of IWU OTD
- Care planning and individual in-home treatment including fine motor and eating interventions
- Parent education and integration of routines for optimal carry over of learned skills

#### Occupational Therapist, Creative Health Solutions, Merrillville, IN

2011- 2013

- Evaluated and treated residents of skilled nursing facility including application of occupational therapy theory and techniques for rehabilitation
- Conducted home evaluations and provided recommendations to interprofessional team
- Supervised 3 Certified Occupational Therapy Assistants in occupational therapy delivery and clinical reasoning
- Promoted to Rehabilitation manager of new site

### Occupational Therapist, PRN, American Senior Communities, Valpo, IN 2009-2012

 Evaluated and treated residents of skilled nursing facility including application of occupational therapy theory and techniques for rehabilitation

# **Non-Occupational Therapy work**

## Support group moderator, Kidworks Pediatric Therapy Center, Chesterton, IN 2007

- Led support group for parents of children with special needs
- Created and presented curriculum around parent-chosen topics
- Invited occasional guest speakers
- Moderated discussion groups

### Developmental Therapist, Indiana First Steps, Valparaiso, IN

2004-2007

- Provided weekly developmental therapy for children ages 0-3 with focus on cognition, self-care, and communication skills
- Assessed children in all areas of development
- Collaborated with caregivers to create short-term goals
- Created and implemented treatment plan

### Home-visitor, Early Head Start, Marion, IN

2000-2001

- Education and support for children and family group in six developmental areas
- Collaborated with caregiver(s) to create child and family goals
- Supported and educated families in completing goals through 1.5-hour weekly visits
- Created and implemented monthly family involvement gatherings

#### Scholarship:

### **Workshop Presentations:**

- Khosla, M. & Glaze, S. (2022). The role of joy in occupational therapy. Indiana Wesleyan University Faculty Symposium, Marion, IN.
- Khosla, M. & Timmons, R. (2022). Short Course 204: *Insights into the sensory processing needs of adolescents living in out-of-home care: Assessment and advocacy*.

  American Occupational Therapy Association Specialty Conference: Mental Health, Cincinnati, OH.
- Khosla, M. (2020, January). *Meaningful Activity in the Classroom: How to increase child engagement and learning while meeting state foundations.* Three-hour training presentation to preschool teachers and administrators at Lakeview Christian Preschool, Marion, IN.

Khosla, M. (2011, April). Communication Success! *Connecting with children through developmentally appropriate questions* Presented conference session to teachers, students and early interventionists at Purdue University North Central Early Childhood Education Conference.

- Khosla, M. (2011, February). Managing Challenging Behaviors in Children with Special Needs: Does Special Needs Mean Special Privileges? Training for early childhood educators as part of the Success by Six initiative, Valparaiso, IN
- Khosla, M. (2009). *Resolving Challenging Behaviors in a Positive Way.* Three hour training for volunteers at Maryville Crisis Nursery, Chicago, IL.
- Khosla, M. (2008, April). *Building Harmonious Relationships*. Presented conference session to teachers, students and early interventionists at Purdue University North Central Early Childhood Education Conference.
- Khosla, M. (2007, May). *Developmental delays: from evaluation to inclusion*. Presented conference session to teachers, students and early interventionists at Purdue University North Central Early Childhood Education Conference.
- Boivin, M.J., Mbaye, N., Parandi, T., **Beadle, M**., & Nsali, A. (2000, September).

  The effects of early cerebral malaria on cognitive ability in Senegalese children.

  Paper presentation at the African regional meeting of the International Society for the Study of Child Development, Makerere University, Kampala, Uganda.
- Pence, K., **Beadle, M**., Denniston, J. (1999, March). *Is spiritual wellbeing an Integral part of the dimensions of personality most conducive to effective adjustment among first-time freshmen?* Paper presentation at the Midwestern Undergraduate Research Award Conference, Eastern Illinois University (special recognition).

#### **Poster Presentations:**

- Khosla, M., King, K., Merrill, H., Sabo, A. (2023, April 20). Using our road maps well: How OT practice models can guide use of meaningful occupation in daily practice. [Poster Presentation] AOTA Inspire, Kansas City, MO.
- Gaesser, V. & **Khosla, M**. (2023, April 20) Daily Sensory Snapshots: Exploring the sensory experiences of adults with a history of childhood trauma. [Poster Presentation] AOTA Inspire, Kansas City, MO.

Khosla, M., Evatt, I., Glaze, S., Tuozzo, C. (2021, April 1). Poster: *Meaningful Occupation: Let's do this! Practice patterns of occupational therapists.* American Occupational Therapy Association Conference, San Antonio, TX.

Khosla, M., McCool, H., Nenning, C. & Wise, T. (2021, November). Poster: *Sensory Processing and Non-Suicidal Self-Injurious Behaviors in Adolescents in Out-of-Home Care*. Indiana Occupational Therapy Association Fall Conference, Virtual presentation.

### **Volunteer Work and Community Service:**

Lakeview Christian Preschool Parent Advisory Committee Member 2019-2020, worked with committee to establish foundations for the committee, hire a new Preschool Director and Assistant Director, led in-service day for the teachers

Ivy Tech Gary, IN Early Childhood Education Department Review Board 2006-2011, one of 6 education portfolio reviewers for senior graduation

Success By Six Mental Health Committee Member
2011, worked with committee members to support initiative for mental health
screening for infants and mental health consultation program for early childhood
facilities in Northwest Indiana

#### **Organization Membership:**

American Occupational Therapy Association (AOTA) Indiana Occupational Therapy Association (IOTA)

#### **Completed Continuing Education:**

Annual AOTA attendance with focus on areas of course assignments and teaching AOTA Fieldwork Educator Certificate Training, 2015

AOTA Annual Conference, focus on fieldwork and OT education, 2015

A Sensory Approach to Potty Training, 2014

Evidenced-based Feeding Strategies for Children with Special Needs, 2014

Indiana Infant Toddler Institute, 2014

Various courses, Indiana Occupational Therapy Association, 2013

Various courses, AOTA Annual Conference, 2013

Myofacial Release I, John F. Barnes, PT, 2012

The Dunn Sensory Profile, Jennifer Rosinia, Ph.D., OTR/L, 2006

Helping the Out-Of-Sync Child at Home and School, Carol Stock Kranowitz, 2005

A Team Approach to Communication Development, Tina Manuel, Lisa Gershkoff- Stowe, 2005