# Nathan C. Reep DAT, LAT, ATC, CSCS

2616 W. Ticonderoga Dr. Marion, IN 46952 | (937) 631-2782 | reepnc@gmail.com

## **EDUCATION**

University of IdahoMoscow, IDDoctor of Athletic TrainingMay 2023Texas Tech University Health Science CenterLubbock, TXMaster of Athletic Training,May 2015Geneva CollegeBeaver Falls, PABachelor of Arts in Communication,May 2010

#### **WORK EXPERIENCE**

## **Indiana Wesleyan University**

Certified Athletic Trainer

Marion, IN 2016-Present

- NPI #1649705823; Indiana License #36002650A; BOC #2000019617
- Athletic trainer for Men's Basketball, Men's Soccer, Baseball, Women's Swimming, Men's and Women's Golf, Men's and Women's Tennis, and Cheerleading
- Preceptor for IWU Athletic Training students
- Manage athletic training student workers, including approving timecards and orientation

#### Assistant Professor

- Teach 6 credits per semester in the Health and Human Performance Division
  - ATR 231 Advanced Athletic Training
  - o ATR 196 Clinical I Athletic Tapping and Bracing
  - o ATR 296 Clinical III Lower Extremity Evaluation
  - ATR 297 Clinical IV Upper Extremity Evaluation
  - o ATR 497 Clinical VIII Interprofessional Collaboration in Athletic Training
  - o ATR 515 Introduction to Evidence Based Interventions & Interpretation
  - ATR 520 Orthopedic Evaluation and Diagnosis 1 Lab
  - ATR 521 Orthopedic Evaluation and Diagnosis 2
  - o PHE 248 Intercultural Studies in Physical Education and Sport
  - PHE 101 Concepts of Health and Wellness
  - o EXS 190 Medical Terminology
  - o EXS 264 Principles of Strength and Conditioning
  - SMG 255 Scientific Principles of Physical Education and Sports Coaching
- Athletic Training Education Program (ATP) Student Selection Committee

## Clinical Education Coordinator

2019-Present

- Manage clinical sites for athletic training student placement
- Assign students to clinical rotations
- Assist in the management of athletic training program competencies
- Supervise student workers in the Athletic Training Program
- Prepared documents for the CAATE self-study (MSAT program transition review)
- Initiate affiliation agreements for MSAT student immersive experience

Premier Health
Certified Athletic Trainer
Dayton, OH
2015-2016

- Assigned to peer documentation review committee
- Assisted in coordinating and teaching coaches the Pupil Activity Supervisor Validation Program
- Taught First Aid and CPR to coaches and teachers in assigned high schools

#### Bethel HS Head Athletic Trainer

2015-2016

- Promoted within organization to primary care giver to all Bethel athletic teams
- Performance evaluation from AD of 5/5 with excellent reviews.

#### Jefferson Township HS Head Athletic Trainer

Fall 2015

• Responsible for the care of all fall athletics: football and volleyball

#### **Mansfield Christian School**

Mansfield, OH

Multi-Age Physical Education | Health Teacher | Assistant Athletic Director

2010-2013

- Created strength and conditioning program for high school students
- Manage students in the classroom which resulted in superior evaluations
- Taught 11th-12th Grade Fitness and Strength
- Taught Pre-K 8th Grade Physical Education
- Taught 8th Grade Health

Head Basketball Coach – 7<sup>th</sup> Grade (Record of 38-6 as the head coach)

Head Junior High and Assistant Varsity Track & Field Coach

## ADVANCED ATHLETIC TRAINING RELATED CERTIFICATIONS

Certified Strength and Conditioning Specialist

American Red Cross CPR/AED for Professional Rescuer with First Aid

Health Safety Council – BLS, ALS Graston Technique Specialist (GTS)

Total Motion Release (TMR): Level 1, 2, and 3

Myokinesthetics: Level 1 and 2 Mulligan Concept: Upper and Lower

Primal Reflex Release Technique (PRRT): Beginner and Intermediate

Counterstain: Level 1

#### OTHER ATHLETIC TRAINING EXPERIENCE

# **Texas Tech University Health Science Center**

Lubbock, TX

**Graduate Athletic Training Student** 

Texas Tech Men's Basketball - NCAA DI

Fall 2014-2015

- Excellent review of clinical skills by athletic trainer following clinical assignment
- Used modalities in treatment including cryotherapy, deep wave, hippavac, recovery boots, etc.
- Helped in developing rehabilitation programs for injured athletes

Lubbock Sports Rehab – Outpatient Physical Therapy

Summer 2014

• Utilized applied functional science as taught by the Gray Institute

Wayland Baptist University – NAIA DI

Spring 2014

Used Active Release Technique (ART) and joint mobilization in the rehabilitation of athletes

Lubbock Sports Medicine/Slaton HS – Physician Extender/Outreach Athletic Trainer

Fall 2013

**Geneva College**Student Athletic Trainer

2007-2010

## OTHER WORK EXPERIENCE

Geneva CollegeBeaver Falls, PAResident Assistant – 2 years2008-2010Conference Services Assistant2009

Summer's Best Two Weeks

Counselor / Trip Leader

Summerset, PA

2010

**Quality Landscaping**Springfield, OH
Manager – (Over 35 accounts)
1996-2007

#### **ADDITIONAL ACTIVITES**

<ul> <li>Indiana Wesleyan University</li> <li>Spiritual Life Committee</li> <li>Academic Policies Committee</li> <li>Various Hiring Committees</li> <li>College of Arts and Sciences (CAS) General Education Committee</li> <li>General Education Coordinating Council</li> </ul>	2019-present 2020-present 2023-present 2023-present
Kids Hope USA – Mentor	2016
TTUHSC Athletic Training Student Association – President	2014-2015
Special Olympics Medical Tent Volunteer	2015
Buffalo Springs Lake 70.3 Triathlon – Medical Tent Volunteer	2013
Geneva College  Varsity Basketball Team – 4 years (Captain - 2 years)  Fellowship of Christian Athletes (FCA) – President  Student Athletic Advisory Committee (SAAC)	2006-2010 2009-2010 2008-2010

#### **SCOLARLY WORK**

Best Practice for Cutaneous Manual Therapy – EBP mini-course. Great Lakes Athletic Trainers' Association Annual Meeting and Symposium, Wheeling, IL, March 14, 2018.

Poster Presentation Spiegel, R. Reep, N. Bilateral Athletic Pubalgia in Collegiate Male Soccer Athlete: A Case Study. Indiana Athletic Trainers' Association Annual Business Meeting and Clinical Symposium, Indianapolis, IN, Fall 2018

Best Practice for Cutaneous Manual Therapy – Guest Lecture. Trine University Doctor of Physical Therapy students, May 21, 2020.

Reep, N. C., Leverett, S. N., Heywood, R. M., Baker, R. T., Barnes, D. L., & Cheatham, S. W. (2022). The Efficacy of the Mulligan Concept to Treat Meniscal Pathology: A Systematic Review. International Journal of Sports Physical Therapy, 17(7), 1219. https://doi.org/10.26603/001C.55540

"I'm Stressed You're Stressed We're All Stressed. What To Do About It?" Presentation and Lab. Rocky Mountain Athletic Trainers Association Annual Meeting and Symposium, Denver, CO, March 25, 2023

#### **HONORS**

NCCAA Scholar Athlete

Senior Alumni Award Geneva College

For outstanding achievement in character, scholarship, leadership, and participation

NADO Service Award Geneva College

Athlete who demonstrated selflessness, sacrifice, and service to teammates and coaches

Presidents Athletic Conference Honor Role

Geneva College Geneva College

**Doctoral of Athletic Training Outstanding Student Award** 

University of Idaho

In recognition for outstanding academic, clinical, and research performance during, Athletic Training post-professional training.